

**WORKSHOP TITLE:**

Understanding Compassion Satisfaction and Compassion Fatigue

**WORKSHOP DATE(s) & TIMES:**

DATE(S): June 19, 2025

TIMES: 4 – 5 PM CT

**WORKSHOP PRESENTER(S) NAME & CREDENTIALS & SHORT BIO:**

Kirsty Nolan, MS, is the Lead Training Manager for the Knowledge Center at Chaddock in Quincy, IL. She has worked with children and families at Chaddock for over 8 years, within Chaddock's Outpatient Program, Chaddock's Special Education School, Chaddock's Residential Program, within various local school districts and through The Knowledge Center at Chaddock. Kirsty has trained and presented both nationally and throughout IL., on a range of topics including trauma-informed practices, early attachment and developmental trauma, sensory interventions and mindfulness.

**WORKSHOP LOCATION:**

In person: Dr. Debbie Reed Center for Excellence, 205 S. 24<sup>th</sup> St, Quincy, IL 62301

**TARGET AUDIENCE:**

Social Workers, Professional Counselors, Other Child Serving Professionals

**CONTENT LEVEL:**

Beginner

**FEES & REGISTRATION INFO:**

No fee to attend. Register here: <https://www.tkchaddock.org/events/>

**WORKSHOP DESCRIPTION:**

This session will provide attendees with a high-level overview of the concepts of compassion satisfaction and compassion fatigue (including secondary traumatic stress and burnout). Attendees will also explore resources that will enable them to identify and address symptoms of compassion fatigue in their own lives.



**COURSE OUTLINE/AGENDA:**

4:00 – 4:20 PM	Compassion Satisfaction and Fatigue (Burnout and Secondary Traumatic Stress)
4:20 – 4:50 PM	Resources to identify and address symptoms.
4:50 – 5:00 PM	Questions/Discussion

**LEARNING OBJECTIVES: As a result of this training participants will be able to:**

1. Define compassion satisfaction, burnout and secondary traumatic stress.
2. Describe 1 way to manage symptoms of compassion fatigue.
3. Identify one tool to help assess levels of compassion fatigue.

**DESCRIBE THE METHODS YOU WILL USE TO CONVEY THE CONTENT:**

- POWERPOINT
- DIDACTIC LECTURE

**BIBLIOGRAPHY:**

Available upon request.

**COURSE COMPLETION & CE INFO:**

Participants need to arrive at or before the start time, attend the entire training, complete the course evaluation which includes a digital attestation that they attended in its entirety to earn CE credit. Partial credit is not allowed. Certificates of completion will be emailed within 10 business days of course completion.

**SOCIAL WORK**

The Knowledge Center at Chaddock #1825, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 07/28/2023 – 07/28/2026. Social workers completing this course receive 1 continuing education credits.

**PROFESSIONAL COUNSELING**

The Knowledge Center at Chaddock has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7252. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Center at Chaddock is solely responsible for all aspects of the programs.



1 CE credit hours are available for this workshop.



**PLEASE NOTE:**

Licensing Boards change regulations often and while we attempt to stay abreast of their most recent changes, if you have questions or concerns about this course meeting your specific board's approval, we recommend you contact your board directly to obtain a ruling.

**FOR QUESTIONS, CONCERNS, OR TO REQUEST SPECIAL ACCOMMODATIONS**

Mailing address: The Knowledge Center at Chaddock, 205 S. 24<sup>th</sup> Street, Quincy, IL 62301

Phone: 217-222-0034

Email: [knowledgecenter@chaddock.org](mailto:knowledgecenter@chaddock.org)

Web site address: <https://www.tkchaddock.org/>

The Knowledge Center at Chaddock will respond to grievances in a reasonable, ethical and timely manner. Grievances may be submitted by course participants to [knowledgecenter@chaddock.org](mailto:knowledgecenter@chaddock.org). For our complete Grievance procedure email [knowledgecenter@chaddock.org](mailto:knowledgecenter@chaddock.org).

**REFUNDS AND CANCELLATIONS**

This training is offered as a free event so refunds do not apply.

The Knowledge Center at Chaddock reserves the right to cancel any training course, virtual or live, for any reason. Notice will be provided with the option to reschedule for a future course date if available or to receive a full refund of registration fees if TKC cancels a training program. TKC is not responsible for any expenses (including travel) incurred by registrants if a training program is canceled or you are otherwise unable to attend.

To request a cancellation contact Kelly Green, The Knowledge Center at Chaddock, 205 S. 24th St, Quincy, IL 62301; email: [kgreen@chaddock.org](mailto:kgreen@chaddock.org); phone: 217-222-0034 ext. 477.

