

WORKSHOP TITLE:

Responding to the Cortex: Problem-Solving and Abstract Thinking

WORKSHOP DATE(s) & TIMES:

DATE(S): May 8, 2025

TIMES: 12 Noon – 1 PM CT

WORKSHOP PRESENTER(S) NAME & CREDENTIALS & SHORT BIO:

Heather Stille, MA LPC QMHP, is the residential therapist for the Group Home at Chaddock in Quincy, IL. She has worked with persons with disabilities, children, and families for close to 30 years. Heather has been with Chaddock for 3 ½ years counseling male teens aged 14-20. Heather is trained in Theraplay, EMDR, Sandtray and has always had a special interest in early development along with trauma and attachment.

WORKSHOP LOCATION:

In person: Dr. Debbie Reed Center for Excellence, 205 S. 24th St, Quincy, IL 62301

TARGET AUDIENCE:

Social Workers, Professional Counselors, Other Child Serving Professionals

CONTENT LEVEL:

Beginner

FEES & REGISTRATION INFO:

No fee to attend. Register here: <https://www.tkcchaddock.org/events/>

WORKSHOP DESCRIPTION:

This session will introduce attendees to the Cortex, or “front-brain” behavior and characteristics. Attendees will also learn how to recognize and collaborate with young people when they are working from their cortex.



COURSE OUTLINE/AGENDA:

12:00 – 12:10 PM	Introduction to the Cortex
12:10 – 12:20 PM	What Abstract Thinking Sounds Like
12:20 – 12:50 PM	How to Help Young People Problem-Solve
12:50 – 1:00 PM	Questions/Discussion

LEARNING OBJECTIVES: As a result of this training participants will be able to:

1. Describe Cortex functioning
2. Give one example of abstract thinking
3. Give one example of taking another's perspective

DESCRIBE THE METHODS YOU WILL USE TO CONVEY THE CONTENT:

- POWERPOINT
- DIDACTIC LECTURE

BIBLIOGRAPHY:

Available upon request.

COURSE COMPLETION & CE INFO:

Participants need to arrive at or before the start time, attend the entire training, complete the course evaluation which includes a digital attestation that they attended in its entirety to earn CE credit. Partial credit is not allowed. Certificates of completion will be emailed within 10 business days of course completion.

SOCIAL WORK

The Knowledge Center at Chaddock #1825, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 07/28/2023 – 07/28/2026. Social workers completing this course receive 1 continuing education credits.

PROFESSIONAL COUNSELING

The Knowledge Center at Chaddock has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7252. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Center at Chaddock is solely responsible for all aspects of the programs.



1 CE credit hours are available for this workshop.



PLEASE NOTE:

Licensing Boards change regulations often and while we attempt to stay abreast of their most recent changes, if you have questions or concerns about this course meeting your specific board's approval, we recommend you contact your board directly to obtain a ruling.

FOR QUESTIONS, CONCERNS, OR TO REQUEST SPECIAL ACCOMMODATIONS

Mailing address: The Knowledge Center at Chaddock, 205 S. 24th Street, Quincy, IL 62301

Phone: 217-222-0034

Email: knowledgecenter@chaddock.org

Web site address: <https://www.tkchaddock.org/>

The Knowledge Center at Chaddock will respond to grievances in a reasonable, ethical and timely manner. Grievances may be submitted by course participants to knowledgecenter@chaddock.org. For our complete Grievance procedure email knowledgecenter@chaddock.org.

REFUNDS AND CANCELLATIONS

This training is offered as a free event so refunds do not apply.

The Knowledge Center at Chaddock reserves the right to cancel any training course, virtual or live, for any reason. Notice will be provided with the option to reschedule for a future course date if available or to receive a full refund of registration fees if TKC cancels a training program. TKC is not responsible for any expenses (including travel) incurred by registrants if a training program is canceled or you are otherwise unable to attend.

To request a cancellation contact Kelly Green, The Knowledge Center at Chaddock, 205 S. 24th St, Quincy, IL 62301; email: kgreen@chaddock.org; phone: 217-222-0034 ext. 477.

