



## Creating a Trauma-Informed, Relationship-Focused School



MARCH 6<sup>TH</sup>, 2024  
8:30AM - 4:30PM

IN PERSON  
WORKSHOP



THE KNOWLEDGE CENTER AT CHADDOCK  
205 S. 24TH STREET QUINCY, IL

Register today at [www.tkcchaddock.org](http://www.tkcchaddock.org)!

COST TO ATTEND: \$99

CE'S: \$49 for Social Workers, Counselors and PDs for Illinois Educators

### PRE-CONFERENCE PRESENTERS:



#### Josh Carlson, LCSW

A Licensed Clinical Social Worker and Executive Director of The Knowledge Center at Chaddock. He oversees the training and consultation endeavors TKC offers and is one of the lead trainers. Josh's areas of expertise are training and coaching related to trauma-informed schools and managing secondary trauma through self-care. He offers workshops in both private and public schools and has spoken regionally and nationally on these topics. Josh combines his over 20 years of experience at Chaddock with humor and fun that engages his audiences as they learn. He has a Masters in Social Work from the University of Illinois at Urbana-Champaign. Josh is trained and certified in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) as well as Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS).



#### Cory Powell, Ed.S.

The Director of Education at Chaddock, an organization that operates non-public special education schools in Quincy and Carthage. He and has had a key role in infusing Trauma-Informed and Relationship-Focused approaches in Chaddock's school environments. He holds a Bachelor of Arts Degree in Political Science from the University of Illinois at Urbana-Champaign, a Masters in Education Degree from Quincy University, and a Specialist Degree in Educational Administration from Southern Illinois University at Edwardsville. In addition to providing leadership to Chaddock's educational programs, Cory serves as lead evaluator for Cognia, an organization which oversees the accreditation of over 34,000 schools and districts throughout the world.



#### Katelyn Kegaly, MSW, MEDL

The Assistant Principal at Chaddock School in Quincy, IL and oversees the high school program. Katelyn has a Bachelor of Social Work and Master of Social Work degree from Aurora University as well as a Master of Arts in Educational Leadership from Aurora University. For nine years, prior to Chaddock, Katelyn worked as a School Social Worker in a public therapeutic day school and spent one year as the special education coordinator. Katelyn is an integral member of the Chaddock School team, bringing knowledge and experience working with special populations.



#### Kirsty Ruggles, MS

The Lead Training Manager for the Knowledge Center at Chaddock in Quincy, IL. She has worked with children and families at Chaddock for over 9 years, within Chaddock's Outpatient Program, Chaddock's Special Education School, Chaddock's Residential Program, within various local school districts and through The Knowledge Center at Chaddock. Kirsty has experience in the following areas: outpatient therapy, sensory interventions, social/emotional groups, school-based therapy, training and consultation. She has also been a part of a partnership with Chaddock, the Tracy Family Foundation and the LUME Institute in bringing the LUME approach to West Central Illinois. The LUME approach has been training early childhood educators on how to emotionally partner with children to reduce the impact of trauma and ACE's through a psychodynamic approach, developing values and character, and promoting early literacy and language. Kirsty has trained and presented both nationally and throughout IL., on a range of topics including trauma-informed practices, early attachment and developmental trauma, sensory interventions and mindfulness.

# WORKSHOP DESCRIPTION

**Target Audience:** Social Workers, Counselors, Educators, Multidisciplinary Education Team

Within this workshop, attendees will explore how to develop trauma-informed, relationship-focused approaches at the District, School and Classroom level. We will discuss the impact of trauma and disrupted attachment relationships on learning and how to implement trauma-informed and relationship-focused strategies and IEP accommodations. Challenges will be addressed and attendees will leave with the foundations of an action plan to assist them on their journey to becoming trauma-informed and relationship-focused within the educational environment.

## LEARNING OBJECTIVES

- Describe the impact of trauma and disrupted attachments on learning.
- Apply knowledge of trauma and attachment to create safe and secure learning environments.
- Create an action plan that identifies next steps in the process of becoming trauma-informed and relationship-focused in the district, school or classroom environment.

## WORKSHOP SCHEDULE

8:30AM - 10:30AM	Impact of Trauma and Disrupted Attachments on Learning
10:30 - 10:45AM	Break
10:45AM - 12:00PM	Creating Safe and Secure Learning Environments, Including Trauma-Informed, Relationship-Focused IEPs
12:00 - 1:00PM	Lunch
1:00 - 2:15PM	Creating Safe and Secure Learning Environments, Including Trauma-Informed, Relationship-Focused IEPs (cont.)
2:15 - 2:30PM	Break
2:30 - 4:30PM	Engagement Strategies, Barriers to Implementation and the Next Steps (Action Plan creation)

**REGISTRATION DEADLINE: MARCH 5<sup>TH</sup>, 2024**

## CE & PD INFORMATION

### COURSE COMPLETION

Participants must attend the entire session to obtain CEs/PDs. Partial credit will not be issued. Participants will need to complete the digital self-attestation and session evaluation to earn CE/PD credit. Certificates of completion will be emailed within 10 business days of course completion.

### SOCIAL WORKER

The Knowledge Center at Chaddock #1825, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 07/28/2023 - 07/28/2026. Social workers completing this course receive 5.5 continuing education credits.

### COUNSELOR

The Knowledge Center at Chaddock has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7252. Programs that do not qualify for NBCC credit are clearly identified. The Knowledge Center at Chaddock is solely responsible for all aspects of the programs. **5.5 CE credit hours are available for this workshop for counselors.**



### ILLINOIS EDUCATORS

The Knowledge Center at Chaddock is an IL-approved Professional Development Provider. Educators can use professional development hours earned towards renewal of licensure. **5.5 PD hours are available for this workshop.**

Please note: Licensing Boards change regulations often and while we attempt to stay abreast of their most recent changes, if you have questions or concerns about this course meeting your specific board's approval, we recommend you contact your board directly to obtain a ruling.

### FOR QUESTIONS, CONCERNS OR TO REQUEST SPECIAL ACCOMMODATIONS

Mailing address: The Knowledge Center at Chaddock, 205 S. 24th Street, Quincy, IL 62301  
Phone: 217-222-0034  
Email: [knowledgecenter@chaddock.org](mailto:knowledgecenter@chaddock.org)  
Website: [www.tkccchaddock.org](http://www.tkccchaddock.org)

The Knowledge Center at Chaddock will respond to grievances in a reasonable, ethical and timely manner. Grievances may be submitted by course participants to [knowledgecenter@chaddock.org](mailto:knowledgecenter@chaddock.org). For our complete Grievance procedure email [knowledgecenter@chaddock.org](mailto:knowledgecenter@chaddock.org).

### REFUNDS AND CANCELLATIONS

For a full refund, cancellations must be received 30 business days prior to the start date of the training. Cancellations received 14 business days prior to the start date of the training are entitled to a 50% refund. Cancellations received less than 7 business days prior to the start date are not entitled to a refund. If a training/event is canceled by TKC, a full refund will be provided.

We reserve the right to cancel any training course, virtual or live, for any reason. Notice will be provided with the option to reschedule for a future course date if available or to receive a full refund of registration fees if TKC cancels a training program. TKC is not responsible for any expenses (including travel) incurred by registrants if a training program is canceled or you are otherwise unable to attend.

To request a cancellation contact Kelly Green, Associate Director, The Knowledge Center at Chaddock, 205 S. 24th St, Quincy, IL, 62301; email: [kgreen@chaddock.org](mailto:kgreen@chaddock.org); phone: 217-222-0034 ext. 477.